

FIT TO PERFORM RUN

Monday 20 June 2022 • 07.00-07.45 CET

Did you know that exercise improves learning? You could not be better prepared for a whole day of knowledge exchange, networking and learning than by joining the ESTS The Hague Fit to Perform Run.

A morning run along the coast line, together with your (international) colleagues may be the best way to get fit to perform this Monday. Join us at 7 AM at the Waterreus (Strandweg 3, beach side) for a 5km run.

Refreshments will be provided at the finish.

